



- 1) Begin at 3 Yard line, hands on thighs or high thoracic
- 2) Retreat & fire 5 rounds to the triangle & cease movement
- 3) Perform a speed reload (does not have to be slide lock)
- 4) In any order, 3 rounds to each Calculated Kinetics logo & 1 round to the DOGTAG

Pass=9.5 Seconds

Pro Pass=7 Seconds

Misses _____

Time _____

HAMMER

DOWN

ANALYSIS